



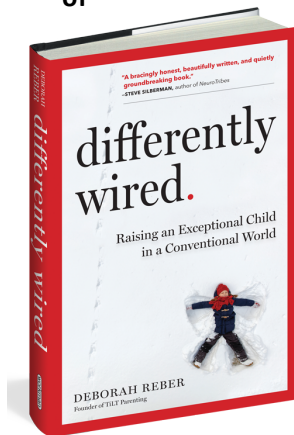
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Media Contact: Lathea Williams
212-614-7505 | lathea@workman.com

"Differently Wired will help parents of children who think differently to accept their child for who they are and facilitate their successful development." —**Temple Grandin**

"A valuable resource for parents, teachers, and family members of exceptional children of all types."
— **Library Journal**

"Differently Wired offers an insightful, compassionate framework for empowering parents to rethink how they view neurodiverse learners." —**Amanda Morin, Writer/Expert at Understood.org and author of**
The Everything Parent's Guide to Special Education



"Raising a 'differently wired' kid can feel like venturing out in unfamiliar territory without a map or a guide. Deborah Reber is the friend you need to navigate this terrain—not just offering practical tips for parenting kids with autism, ADHD, dyslexia and other conditions, but helping you think about your child's atypical mind in ways that will enable you to help them unlock their unique potential. This is a bracingly honest, beautifully written, and quietly groundbreaking book."
— Steve Silberman, author of ***NeuroTribes: The Legacy of Autism and the Future of Neurodiversity***

Differently Wired: Raising an Exceptional Child in a Conventional World

From the creator of **TILT** Parenting—a game-changing guide for embracing the more than 20 percent of children who are neurodiverse

There are millions of kids today who are stuck in a world that doesn't respect, support, or embrace who they inherently are. These children are what Deborah Reber calls "differently wired"—the more than one in five children with ADHD, dyslexia, Asperger's, giftedness, anxiety, sensory processing disorder, and other neurodifferences.

As a mother of a "differently wired" son, *New York Times* bestselling author Deborah Reber knows that parenting an atypical child in a one-size-fits-all world can be a difficult journey. From struggles to find the right school and support systems to battling internal doubts as to what's "normal" and what's not, Debbie has personally walked the road that so many parents experience in raising an exceptional child.

In ***Differently Wired: Raising an Exceptional Child in a Conventional World*** [Workman Publishing; June 12, 2018; ISBN: 978-1-5235-0212-7; \$26.95], Reber delivers both an inspiring manifesto as well as a practical how-to guide. Provocative, entertaining, and useful, Reber's book is the best kind of been-there, done-that companion.

By offering 18 paradigm shifts—what she calls "tilts"—Reber offers concrete, actionable changes that will positively impact the family dynamic so both parents and kids can fully realize their best selves.

She also shows how small changes can have a major impact for differently wired children and, through these alternative ways of being, discover how to stay open, pay attention, and become exceptional parents (and teachers and supporters) to these exceptional children. “Tilts” include:

- Letting go of your impossible expectations for who you “should” be as a parent
- Seeking out like-minded parents
- Becoming fluent in your child’s language
- Creating a world where your child can be secure
- Parenting from a place of possibility instead of fear
- Letting your child be on their own time line

Differently Wired is both a guidebook that parents and educators can use daily as well as an inspiring manifesto on how to create a different future—one where neurodiverse kids aren’t seen as outliers in need of “fixing.” Rather, she proposes educational systems, traditional parenting and discipline philosophies, and society at large, support and embrace the millions of kids who think differently, and the strengths and gifts that come with their unique wiring.

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About Debbie Reber

Deborah Reber is a *New York Times* bestselling author, speaker, and the founder of TiLT Parenting, a website, podcast, and global online community for parents raising differently wired children. Her *TiLT Parenting Podcast*—on which she interviews high-profile thought leaders in parenting and education— has grown to be a top podcast in iTunes’ Kids and Family category, with more than 350,000 downloads.

Prior to launching TiLT, Debbie spent fifteen years writing inspiring books for teen girls, including her most recent, *Doable: The Girls’ Guide to Accomplishing Just About Anything*. As an authority on teen girls, she has spoken about self-esteem and confidence and has consulted with clients including the Girl Scouts, the Disney Channel, and McGraw-Hill. Before becoming a writer and consultant, Debbie worked as a television development and production executive for Cartoon Network and Nickelodeon. In 2013, she moved to Amsterdam, where she lives with her husband, Derin, and homeschools her 13-year-old son, Asher.



Deborah Reber and her 13-year-old son, Asher

Visit Deborah Reber at <http://www.debbiereber.com/> | Twitter: @DebbieReber

Strategies to Tilt Your Parenting

Culling wisdom from interviews with top leaders in child development and education and personal insights from the experiences of hundreds of families, Reber's 18 "tilts" lay out a clear path for how everything for differently wired children can change. Each "tilt" includes practical, actionable steps for how families can genuinely incorporate the shift into daily life. Here are 5 examples:

Tilt 4: Stop Fighting Who Your Child Is and Lean In by letting yourself mourn the parenting journey you were expecting; recognizing when you're fighting reality (because you'll lose every time); reframing how you're perceiving challenging behavior; and look at your child through a lens of strengths rather than deficits.

- **Want to start now?** Identify one habit or behavior tied to your child's wiring that you find particularly grating or annoying, and commit to authentically accepting it and reacting accordingly.

Tilt 7: Become Fluent In Your Child's Language by remembering that there's always a reason (behavior = communication); getting to know how your own emotional baggage can interfere in the translation process; discovering how your child communicates needs and emotions; and adapting your language and actions so your child is most receptive to "hearing" you.

- **Want to start now?** When your child does something that elicits a strong, negative response in you, commit to respectfully asking them why they made that choice and listen to their answers with an open mind. Add whatever you learn to your personal translation dictionary.

Tilt 8: Create a World Where Your Child Can Feel Secure by identifying your child's triggers; working with them to create stress-coping strategies; ensuring your home is an emotionally "safe place;" and powerfully reinforcing them with love every single day.

- **Want to start now?** Make a list of situations that regularly create anxiety for your child, and work in collaboration with him or her to develop a plan for proactively addressing each one.

Tilt 12: Make a Ruckus When You Need To by getting to know your personal advocacy style; embracing the idea that you've got to ask to get; finding ways to be kind and clear (while not pushy); and making a policy of never taking 'no' for an answer.

- **Want to start now?** Identify at least one area of least satisfaction with regard to something happening with your child at school or in another sport/group/organization. Put on your advocacy hat and respectfully and intentionally speak up for the change or action you'd like to see.

Tilt 17: Help Your Child Embrace Self-Discovery by nurturing a culture of honesty and openness in your family; exploring brain science with your kids; using language that supports, not shames; remembering that *everything* is an opportunity for growth; and making self-discovery a priority for yourself, too.

- **Want to start now?** Introduce your child to Carol Dweck's theory of mindset and work together with them to identify where they land on the map of growth versus fixed mindset.